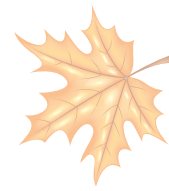


GENTLEMEN HEALTH & WELLNESS:

EXPERIENCE SOLUTIONS FOR
BETTER HEALTH
SPECIALIZING IN MEN OVER 50



We Provide GAINSWave® Therapy In San Jose And Surrounding Areas

THE ROOT CAUSE OF MANY ARTERY PLAQUE BUILD UP ISSUES

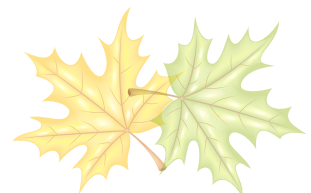
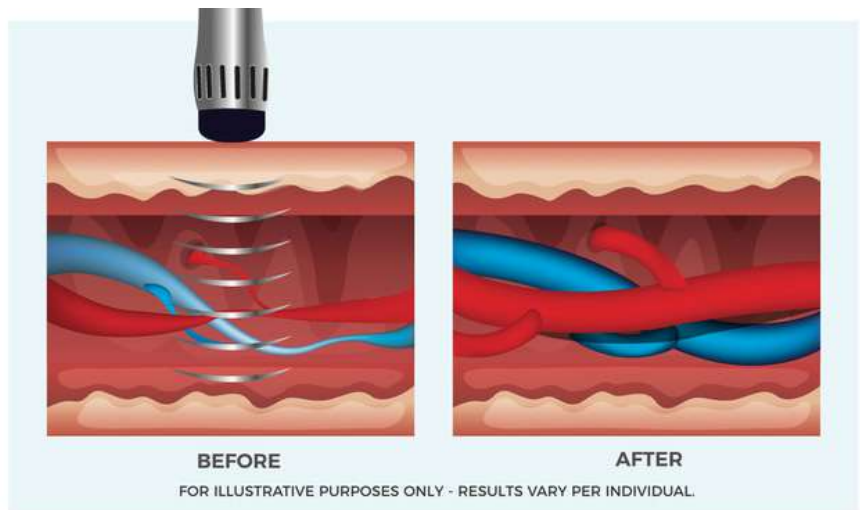
GAINSWave is the premium brand of shockwave therapy used to treat erectile dysfunction, Peyronie’s disease and optimize sexual performance. Brought to you by Vitality Connect, this treatment is performed by a network of highly-trained medical providers across the country.

GAINSWave is an effective option because it addresses the root cause of many penile issues – poor blood flow. Treatment is all-natural, non-invasive and yields long-term patient results.

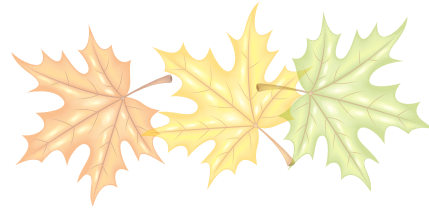
A WIDE VARIETY OF HEALING ARTS AND MEDICAL DISCIPLINES

EPAT, also known as Extracorporeal Shock Wave Technology (ESWT) or Pressure Wave Technology, utilizes high energy acoustic pressure waves to non-invasively treat patients.

Medical Wave believes in better therapies through new technology and is helping professionals specializing in a wide variety of medical disciplines including:



Athletic Shockwave



GAINSWAVE TREATS THE ROOT CAUSE OF ED:

GAINSWave®, the clinically proven, non-invasive therapy, was specifically developed for men seeking an erectile dysfunction treatment that would improve their sexual performance.

The pulsating waves of GAINSWave improves blood flow to the penis by dissolving plaque build-up and stimulating the growth of new blood vessels. The improvement results in stronger, harder, and more sustainable erections.

The pulsating waves also trigger a healing response that “wakes-up” dormant stem cells and growth factors in the penis for an overall rejuvenation of male erectile tissue.

With this alternative ED treatment, there are no expensive prescriptions to remember to take or refill, and no penile implants or surgery. There are none of the harmful side effects with this ED treatment as with oral drugs.

GAINSWave therapy is effective and safe for men who cannot take oral ED medicine, such as those with heart disease, diabetes, or high blood pressure. GAINSWave can be used to treat Peyronie’s Disease, which Viagra and other oral ED drugs cannot.



Sleep Stretch Mobility



SLEEP AND ITS BENEFITS FOR MEN'S HEALTH

Sleep is vital for overall as well as optimal sexual health. It helps the body recover from the tough daily routine and prepares him for the next. On the other hand, lack of sleep can be detrimental to health and increase the risk of contracting serious diseases such as diabetes, heart disease, high blood pressure, and obesity.

Researchers have investigated the role of healthy sleep in specific perspectives of sexual function and concluded that a sound sleep of at least 7-8 hours is crucial for men. Here's how sleep affects men's sexual health.

HOW SLEEP, SHOCKWAVE, STRETCH THERAPY, AND NUTRITION WORK TOGETHER:

The connection between sleep, shockwave therapy, stretch therapy, and nutrition lies in their collective impact on blood flow circulation and overall health. A well-rested body experiences improved cardiovascular function, leading to better blood flow throughout the body. This enhanced circulation complements the benefits of shockwave therapy by promoting the formation of new blood vessels and aiding in the recovery process.

Furthermore, incorporating stretch therapy into one's routine can maximize the benefits of both sleep and shockwave therapy. Stretching helps loosen tight muscles, reducing the risk of injury during physical activities and enhancing blood flow to those muscles, leading to improved nutrient delivery and oxygenation. Including nutrient-rich foods like watermelon and bell peppers in your diet provides essential vitamins, minerals, and antioxidants that promote cardiovascular health and overall blood flow circulation. This combination can optimize men's wellness, contributing to increased vitality, better sexual health, and enhanced physical performance.

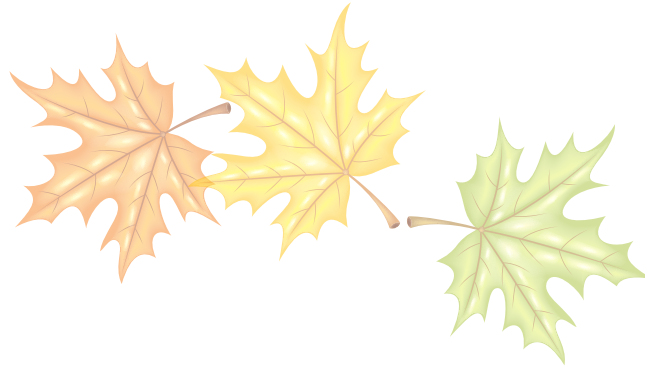


Insurance

Check eligibility for insurance. Health / Flex Spending Accounts, and Military payments are accepted

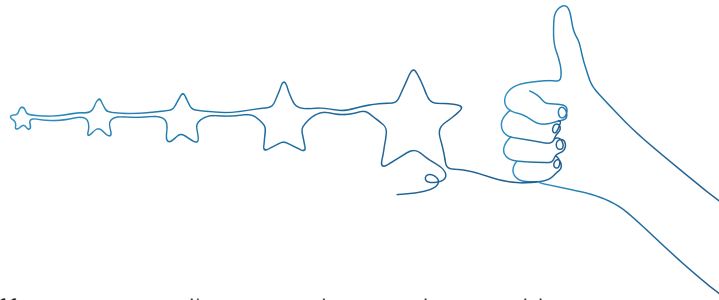
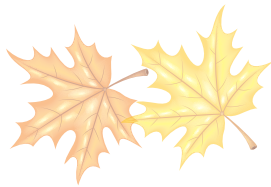
www.GentlemenHealth.com

- ▶ Stretch Therapy
- ▶ Sleep Quality
- ▶ Shockwave
- ▶ Pelvic Rehabilitation
- ▶ Breathwork
- ▶ Nutrition
- ▶ Afro-Thai Stretch Therapy
- ▶ Red Light Therapy



Dial **877.329.2746** and Press 1 to Confirm your Membership Eligibility





TESTIMONIALS



Numbiya, is very detailed oriented. She has a calming affect on you. I'm a trucker and spend long hours behind the wheel, after being on the road for weeks I was in need of a deep tissue massage. Numbiya is wonderful, her consultation is therapeutic. She relieved the tension and stress of the road. I will definitely be a repeat customer. Yes, I will tell my friends. - **I B.**



Over the last 7years I have referred many clients to Numbiya at Men's Health. She has helped my clientele with issues from prostate to diabetic Health problems. I'm confident in her ability to help those in need. - **Elynn G.**



Pulled my calf muscle on Friday. Went on Sunday. Numbiya was very good. She was very professional. She really worked on stretching and then with her unique massaging technique. I left feeling much better then I did. Also feeling even better today. Very happy I went! I recommend her for whatever you have a issue with. - **Joel B.**

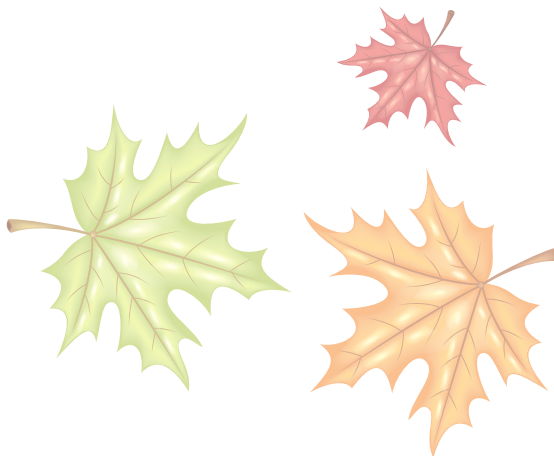


EXPERIENCE ENHANCEMENT BENEFITS TODAY







Quality Service
Provider for our:

- ▶ Physicians/Scientists
- ▶ Veterans
- ▶ Union Members
- ▶ Firefighters/Law Enforcement
- ▶ Industry Leaders
- ▶ Retired Professionals
- ▶ Athletes/Creators
- ▶ Corporate Employee Wellness
- ▶ Government Officials
- ▶ Association Members



Connect
With Us (Appointment Only)

-  408-909-0291 (no texting)
-  www.gentlemenhealth.com
-  numbiyaaziz@gmail.com
-  Silicon Valley Bay Area

