



Biohack Your Sex Life

It's Time To Break Normal

www.GAINSWave.com



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Most men take their cars in for regular maintenance a few times a year. Whether it's a tire rotation or oil change, routine checks ensure that the car will run safe and smooth.

When it comes to dental hygiene, it's recommended that everyone get a check-up every 6 months. And when we focus on the health of our vision, we visit an optometrist every two years.

In life, whether it comes to machines we use, or our own bodies, regular maintenance is vital and drives performance and prevents unwanted conditions.

Although men don't think about it, the male member is something that definitely needs regular maintenance.

Find out why on the next page...



"I'm often asked, of all the protocols I've used to enhanced sexual performance, which was the most immediately noticeable, without necessarily requiring fringe injections and thousands of dollars worth of stem cell therapy. Hands down, it would be the GAINSWave® protocol." - Ben Greenfield



Why men need to take their packages in for regular maintenance.

As men age, micro-plaque begins to build within the blood vessels of the penis. The micro-plaque acts like a dam, restricting the needed blood flow for maximum erection. In addition, the growth of new blood vessels becomes nonexistent. Naturally, other factors play a role in creating even more "blockage".

Men who smoke, consume large amounts of alcohol, and don't follow a proper diet may experience performance issues like erectile dysfunction. These are just a few factors that contribute to 50% of men ages 50 and up being diagnosed with ED.

Give your package a tune-up.

Preventative measures are available, including one that utilizes soundwaves to remove plaque while stimulating the growth of new blood vessels. Shockwave therapy has been widely successful in the UK for over 15 years and is finally becoming harnessed in the US as well. Medical professionals are using this therapy to treat their patients with erectile dysfunction and are seeing great results - over 75%!

How it Works

The treatment is called GAINSWave® and breaks up plaque formation in blood vessels and stimulates the growth of new blood vessels in the penis. This increases the blood flow to the penis and improves sexual function. In addition, the GAINSWave procedure activates the growth of new nerve tissue and enhances sensitivity in the penis through a process called neurogenesis.

It's also thought that shockwave therapy activates dormant stem cells, which in turn promotes tissue growth and general erectile function.

Despite how it may sound, shockwave treatments are pain-free and entirely non-invasive. The procedure is quick, in-office, with no known side effects, and little, if any, downtime. Treatment typically requires 6 to 12 sessions of 15 to 20 minutes.

[Find a Provider Near You](#)

"GAINSWave® Dramatically Improved My Sexual Performance" - Ben Greenfield



In 2017, 33-year-old author, fitness guru, and "biohacker" Ben Greenfield put GAINSWave to the test. He was a bit skeptical at first, but quickly became a believer with rock hard erections. The results of his treatment lasted every day for a full month.

"After doing the GAINSWave protocol my sexual performance improved dramatically. I'm a definite customer for life."

- Ben Greenfield

Contrary to what most men and women think, the GAINSWave treatment does not just involve "getting one's genitals shocked", just as a yoga practice is technically not just "stretching", but instead an entire mind and body experience. Shockwave therapy has existed in modern medicine for decades and has primarily been used as a treatment for lipotatrophy (localized loss of fat tissue) and to break up kidney stones using high-frequency acoustic waves.

About fifteen years ago, researchers in Europe realized that by using lower intensity acoustic pulse waves, they could also apply these same waves to the penis without damaging the skin or organs. Based on this trendy breakthrough of kidney doctors blasting their gonads with soundwaves, physicians were eventually able to treat erectile dysfunction at its root source: poor blood flow.

When the acoustic pulse waves are applied to the penis, they create a micro-inflammatory process that releases nitric oxide, a vasodilator, and the same chemical induced via the consumption of pills like Viagra or Cialis. Over the course of eight to twelve weeks after the procedure, new blood vessels in the genitals grow, known as "neovascularization." These shockwaves "wake-up" dormant stem cells in the penis, leading to improved erectile function and enhanced tissue growth. GAINSWave therapy may also increase the size of the penis.

Scientific studies suggest that this therapy might be more effective than other treatments, including medications and really expensive penis pumps. But thanks to the overcrowding of the sexual performance industry by pharmaceutical and supplement companies, there were no standardized protocols, machines, or training programs until GAINSWave. Now this patented methodology is available to the masses.

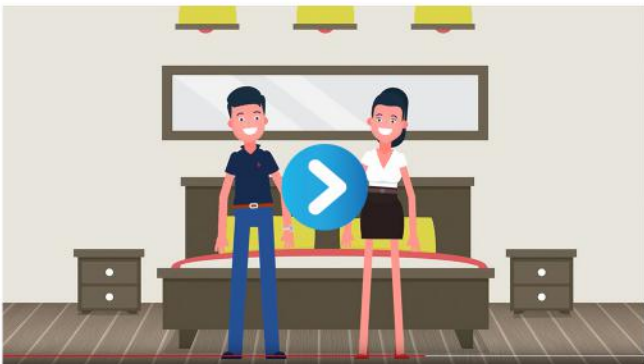
* Written by Ben Greenfield on bengreenfieldfitness.com



Sex is Great... Unless You're Not Having it

Intimacy is an important part of a relationship. When you are having sex on a regular basis, all is right with the world, but what happens when you stop having sex?

ED may not be something either of you are comfortable addressing, and we're here to help.



**Watch This Video to
See How GAINSWave®
Works**



Don't Let ED Ruin Your Sex Life

Erectile dysfunction is something millions of men experience and it is nothing to be ashamed about. Just like any other health issue, ED is a medical ailment that should be addressed, and no one should ever feel self-conscious about seeking help.

A lot of men who have not had success with pills or other treatments – or simply haven't tried them because of how inconvenient and expensive they can be – resign themselves to a life without enjoyable sex. And what kind of life is that anyway?

You're not alone...

Though it's not something men like talking about, erectile dysfunction is probably much more common than you realize. According to the Cleveland Clinic, studies suggest it affects *"as many as 52 percent of men between the ages of 40 and 70"*. And as with most health conditions, it gets more prevalent as men get older, having an impact on about 70 percent of men in their 70s.

But There is a Way to do Something About it: Soundwave Therapy.

GAINSWave® uses low-intensity soundwaves that can help with both ED and overall sexual performance. This non-invasive procedure doesn't involve drugs or surgery and has been proven effective by years of research published in peer-reviewed medical journals.

This revolutionary shockwave therapy can do wonders for your sexual health and give you back your confidence. And like many others who have opted for treatment, you may be amazed at the improvement.

How GAINSWave® Improves ED

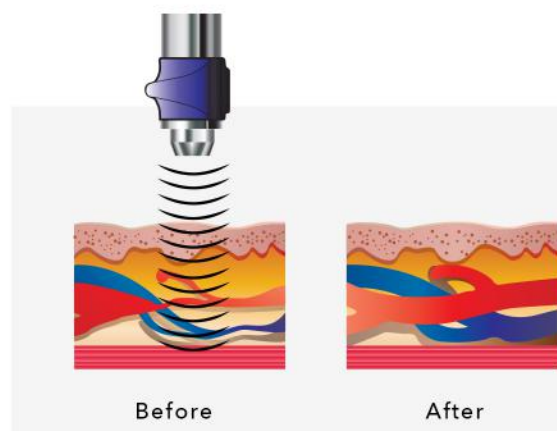
The technology behind GAINSWave® is called Low-Intensity Extracorporeal Shockwave Therapy (LI-ESWT). While it's a relatively recent way to address erectile dysfunction, other forms of LI-ESWT have been used for decades to treat various health issues, including kidney stones, heart disease, and cancer.

Blood flow is a vital component of sex for both men and women – but certainly more so for men, and this is where GAINSWave can help immensely. The procedure works by sending low-intensity shockwaves to blood vessels surrounding the penis. These waves break up plaque that builds up in these vessels due to time and lifestyle factors such as inactivity and poor diet – enabling more blood to naturally make its way to the penis.

LI-ESWT doesn't merely break up plaque, however; these shockwaves can also repair damaged blood vessels and stimulate the growth of new ones by increasing cell signaling. All of these changes create a cascade effect: a long-term increase in blood flow and firmer, more reliable erections in most patients.

The shockwave technology used in GAINSWave therapy has the ability to stimulate the growth of new blood vessels.

As men age, micro-vessel degeneration is a natural process, GAINSWave treats this addressing the root cause by increasing blood flow and regenerating tissue.





What to Expect with GAINSWave® Treatment

GAINSWave treatment is a quick, in-office procedure that involves 3 easy steps.

Treatment is usually prefaced by a brief consultation. A qualified GAINSWave provider will inquire about factors such as libido, sleep, and hormonal issues, in addition to other relevant factors, before assigning a treatment plan.

1

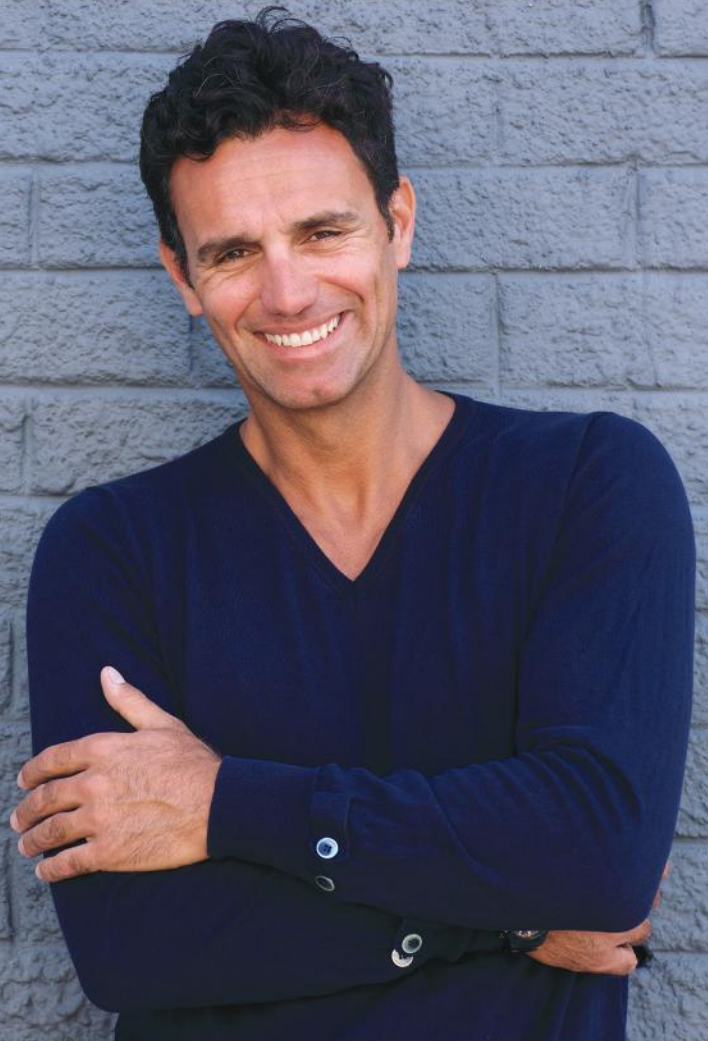
Contact a certified GAINSWave provider. A Health and Wellness Advisor will answer any questions and recommend the best treatment.

2

For the procedure, arrive 30 minutes before the treatment in order to apply numbing cream. For future appointments, numbing cream can be applied at home. After that, the entire procedure only takes 20-30 minutes.

3

Once the procedure is complete, you can resume regular life: home, work, errands, or even sex the same night!



Although results vary, many patients experience a positive outcome after the first treatment, which could include a spontaneous erection in the first 24 hours.

During the first month, increased libido, sensitivity, and firmer and more frequent erections may be experienced other results may include increased size, improved performance, and greater sexual satisfaction.

[Find a Provider Near You](#)



BULLETPROOF's Dave Asprey shares his GAINSWave® experience and more:

In this episode of Bulletproof Radio, Dave Asprey tries out shockwave treatment that claims to age his undercarriage backwards!

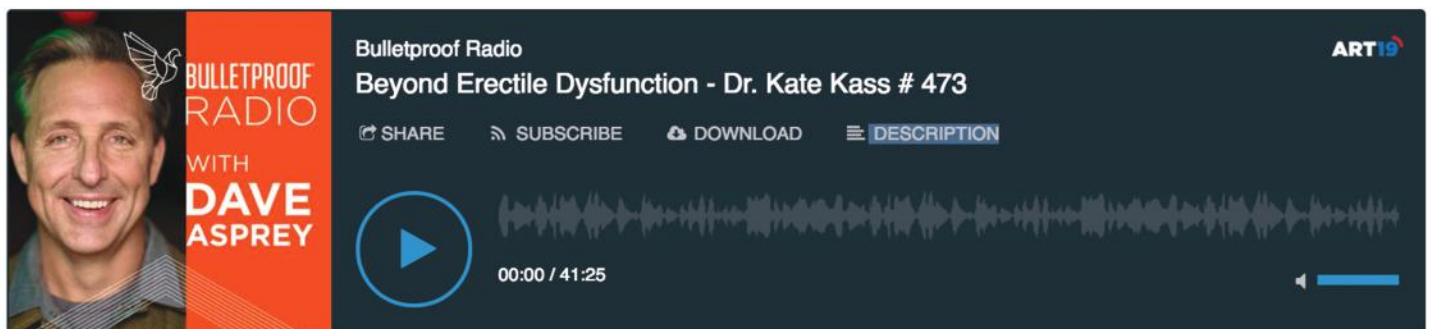
Dave meets with Dr. Kate Kass, who was the third doctor in the US to offer the innovative new GAINSWave treatment for Erectile Dysfunction.

It's honest talk about one of Dave's favorite topics, sex. Enjoy the show!

Dave Asprey and GAINSWave



Bulletproof™ Radio Podcast: Beyond Erectile Dysfunction



“The results are amazing.”

“Before I had the GAINSWave® treatment, I had lots of difficulties in getting good erections and particularly in maintaining them. I had a lot of sensitivity issues as well. I certainly tried Viagra and Cialis, and those helped a little. I started the GAINSWave® therapy in May of 2016. After the first sessions, I noticed right away a definite improvement. About three months later, I had another round of three GAINSWave® treatments and that just went through the roof and my sensitivity was dramatically higher as compared to before. The maintainability was greatly improved and the degree of sensitivity and feel was way higher.

Things dramatically changed when using GAINSWave®. Now I have a sex life because of GAINSWave® that goes beyond what I had in my 20s. It's been just amazing. It's really quite convenient and it's not painful at all, if you follow the procedure. It's not invasive, it's very, very easy, and the results are amazing. I think [for] anyone that doesn't have close to the ultimate in sensitivity and maintainability in erections, this is really the solution. GAINSWave® is literally the solution.” – Karl, 63

Speak with a Doctor About Erectile Optimization Today

Whether you're looking for a tune-up or need to check in for regular maintenance, speaking with a GAINSWave provider is the first step.

Speak with a doctor near your about GAINSWave. Visit the link below to locate one near you.

gainswave.com/directory

Still Not Convinced?

With over 30 Clinical Trials provided, the proof is in the studies. Get the research. Read the facts.

[Check Out These 30 Clinical Trials](#)

Research Proves that Shockwave Therapy Helps ED Sufferers

Numerous studies have been conducted to assess the efficacy of treating ED with LI-ESWT, and the results are consistently positive. The overwhelming conclusion from more than 30 clinical studies prove the efficacy of shockwave therapy treating erectile dysfunction:

Here are a just a few studies that have measured the impact:

- **2010** – A study published in the European Journal of Urology involved 20 middle-aged men with erectile dysfunction who received LI-ESWT treatment for one month. After the month was over, all participants had an 80 percent improvement in both erection rigidity and quality, which researchers labeled as *“extremely encouraging.”*
- **2011** – A study published in The Journal of Sexual Medicine consisted of men with severe cases of ED which elicited no response from medications including Viagra and Cialis. After the men had received LI-ESWT therapy, researchers said that *“a significant improvement in penile hemodynamics was detected ... and this improvement significantly correlated with increases in the International Index of Erectile Function.”*
- **2013** – A study published in Therapeutic Advances in Urology revealed that LI-ESWT treatment aided in stimulating new blood vessels, and did so without any side effects. According to the researchers: *“The results of our studies, which also included a double-blind, randomized control trial, confirm that LI-ESWT generates a significant clinical improvement of erectile function and a*

- **2014** – A study published in the Scandinavian Journal of Urology involved 112 men who were unable to have sex without the use of medication. After the double-blind, placebo-controlled study was over, researchers concluded that LI-ESWT *“can be used as a treatment for men with erectile dysfunction”*, and even went so far as to say that it could be a potential cure for ED.

- **2015** – A study published in The Canadian Journal of Urology looked at Indian men who had been taking phosphodiesterase type 5 inhibitors (PDE5i) to treat ED. In the double-blind, placebo-controlled study, half of the men received LI-ESWT treatment.

Results found that the shockwave therapy *“demonstrated a positive long-term clinical effect with improvement in erectile function of Indian men with vasculogenic ED who were prior responders to PDE5i therapy. The efficacy and tolerability of this treatment, coupled with its long-term benefits and rehabilitative characteristics, make it an attractive new therapeutic option for men with vasculogenic erectile dysfunction.”*

- **2016** – In a study published in Translational Andrology and Urology, LI-ESWT was found to be beneficial for men suffering from Peyronie’s disease, which is characterized by curved and painful erections after suffering damage to the penis. The author of the study came to the conclusion that the shockwave treatment should be offered to younger men with Peyronie’s disease, as it *“appears to be safe, reduces penile pain, and has some efficacy in improving penile curvature and plaque, with high patient satisfaction rate.”*





Get in Touch with GAINSWave® for More Information

Finally ready to do something about **ED**? Contact GAINSWave. If you have any questions, or you'd like to find a provider near you, visit the directory on **GAINSWave.com** or call **1-855-383-5779**.

